

Are you a military veteran?

Are you currently receiving Universal Credit?

Would you be willing to talk about your experiences of the benefits system?

What is the research about?

The UK benefits system has undergone a huge change with the introduction of Universal Credit. We are currently undertaking research to understand how Service Leavers/veterans are experiencing navigating the benefits system. The research project is called *Sanctions, Support and Service Leavers*.

We would like to speak to **Service Leavers/veterans** who are **living in Scotland** and are **currently in receipt of Universal Credit**.

It doesn't matter when you served or how long for. Our research is about your experiences of claiming Universal Credit, any support you may have received, or any support you feel is needed.

The project aims to provide recommendations for better and more effective services in the future for the Armed Forces community.

How do I take part?

Just contact us (details at the bottom of the flyer). The interview will take place at a time/date suitable for you. Because of COVID-19 we are conducting interviews by phone, Zoom, MS Teams or Skype at the moment.

We will record the interview with your permission. Each interview will last about an hour. You do not have to talk about anything you don't want to and you can withdraw from the research at any time.

Everything you say will be treated in confidence. Your name will not be used in any published reports and **we will not pass your details on to anybody else.**

We hope to interview people three times, with around 9-12 months in between each interview. We will also keep you informed about the research findings.

Who is doing the research?

The research is funded by the Forces in Mind Trust (FiMT) and is being conducted by independent researchers from the University of Salford, the University of Central Lancashire and the University of York

Will I get paid?

You won't be paid but as a thank you for taking part you will receive a **£20 shopping voucher**.

Want more information?

If you want to ask any questions about the research or know more about taking part, please contact: **Phil Martin** (p.martin5@salford.ac.uk) or **Prof. Lisa Scullion** (L.scullion@salford.ac.uk) at the University of Salford.